

Glossary of Services

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| Health Visiting Services | 1 | Antenatal Contact | Contact expectant mothers between 28 -34 weeks to introduce service and support services available post delivery |
| | 2 | New Birth Visit | Home visit by 14 days postnatal to undertake holistic health and care assessment and signpost to universal community support services |
| | 3 | 6-8 Week Assessment | Home visit 6-8 weeks postnatal for holistic assessment of child and family including maternal mental health assessment |
| | 4 | 1 Year Development Review | Clinic or home based assessment of child's development, signposting to universal support and guidance. Referral for re-assessment or targeted support when indicated |
| | 5 | 2 Year Development Review | Clinic or home based assessment of child's development, signposting to universal support and guidance Referral for re-assessment or targeted support when indicated |
| | 6 | New to Area Assessment | Holistic health and care assessment of need, referral or sign posting to support if required |
| | 7 | 1:1 Advice & Support | Identification of health needs for additional support and referral to targeted services when indicated Child and family support specific to identified health need |
| | 8 | Safeguarding | Support families with safeguarding concerns. Attendance at family core groups and conferences Review of health record to determine if known to HV service and share information when appropriate |
| | 9 | Baby Club | An integrated service for babies under 1 year. This is a weekly group for parents with young babies to attend and is based on offering specific advice and guidance for new mothers. The weekly group will focus on a specific theme and there will be general help support and advice around your child's development. Health Visitors will also be available to answer any health questions you may have. Each week there will be a theme focused around your child's development run by the children's centre staff. |
| | 10 | Well Baby Clinic | This is a service run by health visiting staff for all children under 5yrs for parents who wish to seek general health and development advice. Local Well |

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| | | | Baby clinics are either drop in or by appointment only. Clinics can be weekly or monthly usually depending on where they are based, either in GP practices, Health Centres, Children's Centres or other community settings. |
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| Children's Centre Services | | | |
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| Adult Education Course | 1 | Access to adult education support | Adult Education courses enable parents to engage in systematic and sustained self-educating activities in order to gain, new knowledge, skills, attitudes and qualifications |
| | 2 | ESOL/EAL Support | Support for parents whose first language is not English (English for Speakers of other languages), to help improve, speaking, listening, reading and writing. |
| | 3 | Job Club | A formal or informal group for parents seeking employment. Parents receive support on developing the skills required to search for relevant employment opportunities. Support developing employability skills may also be provided |
| | 4 | Access to employment support | |
| Adult Well-Being | 5 | Emotional Wellbeing Group | For women experiencing 'poor' wellbeing, 'poor' emotional and mental health management and may be experiencing isolation and feelings of depression. |
| Antenatal & Postnatal | 6 | Antenatal Parenting classes | Rolling programme for expectant parents entering or nearing their 28 th week of pregnancy. Sessions include pregnancy, labour, pain relief, birthing choices. |
| | 7 | Baby Club | An integrated service for babies under 1 year. This is a weekly group for parents with young babies to attend and is based on offering specific advice and guidance for new mothers. The weekly group will focus on a specific theme and there will be general help support and advice around your child's development. Health Visitors will also be available to answer any health questions you may have. Each week there will be a theme focused around your child's development run by the children's centre staff. |
| | 8 | Targeted Infant Feeding support (inc peer support) | Support with breastfeeding and infant feeding to make healthy eating choices. Understanding of attachment & bonding |
| Early Years Groups | 9 | Stay & Play Targeted | Defined at district level - |
| | 10 | Baby Group Universal | Key messages around child development, play and public health messages. |
| | 11 | Baby Massage Targeted | Attachment and bonding, communication and health support |
| | 12 | Play in the Home | To enable parents to optimising their children's speech and language skills. To provide specific |

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| | | | activities parents can use in the home to develop their child's speech and language skills and undertake home visits where necessary(targeted) |
| | 13 | Healthy Lifestyles activities and advice | To provide activities in the community that promote family and child health including HENRY and Start-well support |
| | 14 | School Readiness advice and support | Support to access universal and targeted services that promote early development to achieve their optimal outcomes |
| | 15 | Healthy Start Vitamins | Are available at all Children's Centres and Health Centres from pregnancy up to 5 years |
| SEND | 16 | 1:1 Advice & Support | Early identification of need for additional support and signpost if required to specialist services |
| | 17 | Group Peer Support | One weekly group per district, term time only, led by KIDS West Midlands. Parent support group. |
| Speech & Language | 18 | Language Through Play Groups targeted | To enable parents to optimising their children's speech and language skills. Group support with early identification of needs. |
| Childcare Advice | 19 | Childcare advice & support | Take up of 2yr old and 3yr old EEE places. |
| | 20 | Childcare funding advice & support | Childcare Plus (see criteria) |
| | 21 | Evidenced based parenting programmes (range of programmes available) | Appropriate Parenting Programmes to meet individual needs e.g. Solihull Approach, Incredible Years and Approachable Parenting |
| Family Support | 22 | Behaviour Management | Provided through 1:1 or group support |
| | 23 | Benefits Advice | Low level benefit advice provided through Family Support Drop In and appropriate signposting for specialist support if required |
| | 24 | Debt Advice | |
| | 25 | Domestic Violence | Access to specialist advice & support including Freedom |
| | 26 | Housing | Low level advice provided and signposting for specialist support if required |
| | 27 | Isolation | Access to a wide range of services including emotional wellbeing groups. |
| | 28 | Mental Health | Specialist support through 1:1 and group provision and signposting where appropriate, to specialist services |
| | 29 | Parenting | Specialist support through 1:1 and group provision |
| | 30 | Family Support Package | Allocated through weekly integrated allocation process (12 – 24 week package of support). May include referral to Home Start |
| | 31 | Neglect | Multi- Agency response through weekly allocation process |
| | 32 | Immigration/Asylum seeker support | Low level advice and support at Family Support Drop and sign post to specialist services as required |



The best start for our children