



# Ages & Stages Questionnaires®

## 12 Month Questionnaire

11 months 0 days to 12 months 30 days (inclusive)

Baby's name: \_\_\_\_\_

Baby's date of birth: \_\_\_\_\_ Boy  Girl

If baby was born 3 or more weeks prematurely, please indicate the number of weeks premature: \_\_\_\_\_

Date ASQ-3 completed by parent/caregiver: \_\_\_\_\_

Date of review with health professional: \_\_\_\_\_

Baby's home address: \_\_\_\_\_

Town: \_\_\_\_\_ Postcode: \_\_\_\_\_

Person completing the questionnaire: \_\_\_\_\_

Relationship to baby: \_\_\_\_\_

Home tel: \_\_\_\_\_ Mobile no: \_\_\_\_\_

Email address: \_\_\_\_\_

***All babies develop at different rates and in different ways. Please do not worry if your baby is not doing all or any of the activities mentioned in the questionnaire. It is not a test. The activities are simply one way of understanding how your baby is progressing.***

Possible answers:

Yes = your baby does this activity (or has done it and has now progressed, e.g., crawling, but is now walking)

Sometimes = your baby is just beginning to do this activity (but does not do it regularly)

Not Yet = your baby has not yet started doing this

Please leave **blank** any activities your baby has not been able to try with you.

On the following pages are questions about activities babies may do. Your baby may have already done some of the activities described here, and there may be some your baby has not begun doing yet. For each item, please fill in the circle that indicates whether your baby is doing the activity regularly (yes), sometimes, or not yet.

### Important Points to Remember:

- Try each activity with your baby before marking a response.
- Make completing this questionnaire a game that is fun for you and your baby.
- Make sure your baby is not tired or hungry.
- Please bring this questionnaire with you to your baby's health and development review.

### Notes:

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## COMMUNICATION

|   | YES                   | SOMETIMES             | NOT YET               |     |
|---|-----------------------|-----------------------|-----------------------|-----|
| 1. Does your baby make two similar sounds like "ba-ba," "da-da," or "ga-ga"? ( <i>The sounds do not need to mean anything.</i> )  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |
| 2. If you ask your baby to, does he play at least one nursery game even if you don't show him the activity yourself (such as "bye-bye" "Peeka-boo," "clap your hands," "Pat-a-cake")? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |
| 3. Without showing her what you mean, does your baby follow one simple command, such as "Come here," "Give it to me," or "Put it back"?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |
| 4. Does your baby say three words, such as "Mama," "Dada," and "Baba"? ( <i>A "word" is a sound or sounds your baby says consistently to mean someone or something.</i> )             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |
| 5. When you ask, "Where is the ball (hat, shoe, etc.)?" does your baby look at the object? ( <i>Make sure the object is present. Mark "yes" if she knows one object.</i> )            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |
| 6. When your baby wants something, does he tell you by <i>pointing</i> to it?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |
| <b>COMMUNICATION TOTAL</b>  |                       |                       |                       | ___ |

## GROSS MOTOR

|  | YES                   | SOMETIMES             | NOT YET               |     |
|--|-----------------------|-----------------------|-----------------------|-----|
| 1. While holding onto furniture, does your baby bend down and pick up a toy from the floor and then return to a standing position? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |
| 2. While holding onto furniture, does your baby lower himself with control (without falling or flopping down)?                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |
| 3. Does your baby walk beside furniture while holding on with only one hand?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |



**GROSS MOTOR** *(continued)*

- |   |   | YES                   | SOMETIMES             | NOT YET               |     |
|---|---|-----------------------|-----------------------|-----------------------|-----|
| 4. If you hold both hands just to balance your baby, does he take several steps without tripping or falling? <i>(If your baby already walks alone, mark "yes" for this item.)</i> |  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |
| 5. When you hold <i>one hand</i> just to balance your baby, does she take several steps forward? <i>(If your baby already walks alone, mark "yes" for this item.)</i>             |  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |
| 6. Does your baby stand up in the middle of the floor by himself and take several steps forward?  |   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |

**GROSS MOTOR TOTAL** \_\_\_

**FINE MOTOR**

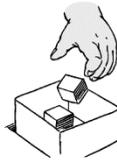
- |   |   | YES                   | SOMETIMES             | NOT YET               |      |
|---|---|-----------------------|-----------------------|-----------------------|------|
| 1. After one or two tries, does your baby pick up a piece of string with his first finger and thumb? <i>(The string may be attached to a toy.)</i>        |    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___  |
| 2. Does your baby pick up a small cube of bread with the <i>tips</i> of her thumb and a finger? She may rest her arm or hand on the table while doing it. |  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___  |
| 3. Does your baby put a small toy down, without dropping it, and then take his hand off the toy?  |   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___  |
| 4. Without resting her arm or hand on the table, does your baby pick up a small cube of bread with the <i>tips</i> of her thumb and a finger?             |  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___* |
| 5. Does your baby throw a small ball with a forward arm motion? <i>(If he simply drops the ball, mark "not yet" for this item.)</i>                       |  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___  |
| 6. Does your baby help turn the pages of a book? <i>(You may lift a page for him to grasp.)</i>   |   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___  |

**FINE MOTOR TOTAL** \_\_\_

\* If Fine Motor Item 4 is marked "yes" or "sometimes," mark Fine Motor Item 2 "yes."

## PROBLEM SOLVING

- |  | YES                   | SOMETIMES             | NOT YET               |       |
|--|-----------------------|-----------------------|-----------------------|-------|
| 1. While holding a small toy in each hand, does your baby clap the toys together (like "Pat-a-cake")?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___   |
| 2. Does your baby poke at or try to get a small cube of bread that is inside a small, clear plastic bottle (such as a small water bottle or baby bottle)?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___   |
| 3. After watching you hide a small toy under a piece of paper or cloth, does your baby find it? <i>(Be sure the toy is completely hidden.)</i>   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___   |
| 4. If you put a small toy into a bowl or box, does your baby copy you by putting in a toy, although she may not let go of it? <i>(If she already lets go of the toy into a bowl or box, mark "yes" for this item.)</i> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___   |
| 5. Does your baby drop two small toys, one after the other, into a container like a bowl or box? <i>(You may show him how to do it.)</i>   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ * |
| 6. After you scribble back and forth on paper with a crayon (or a pencil or pen), does your baby copy you by scribbling? <i>(If she already scribbles on her own, mark "yes" for this item.)</i>                       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___   |



**PROBLEM SOLVING TOTAL**

\* If Problem Solving Item 5 is marked "yes" or "sometimes," mark Problem Solving Item 4 "yes."

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## PERSONAL-SOCIAL

- |   | YES                   | SOMETIMES             | NOT YET               |     |
|---|-----------------------|-----------------------|-----------------------|-----|
| 1. When you hold out your hand and ask for his toy, does your baby offer it to you even if he doesn't let go of it? <i>(If he already lets go of the toy into your hand, mark "yes" for this item.)</i> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |
| 2. When you dress your baby, does she push her arm through a sleeve once her arm is started in the hole of the sleeve?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |
| 3. When you hold out your hand and ask for his toy, does your baby let go of it into your hand?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |
| 4. When you dress your baby, does she lift her foot for her shoe, sock, or trouser leg?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |
| 5. Does your baby roll or throw a ball back to you so that you can return it to him?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |
| 6. Does your baby play with a doll or soft toy by hugging it?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ___ |

**PERSONAL-SOCIAL TOTAL**

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**OVERALL**

*Parents and providers may use the space below for additional comments.*

1. Does your baby use both hands and both legs equally well? If no, explain:  YES  NO

2. Does your baby play with sounds or seem to make words? If no, explain:  YES  NO

3. When your baby is standing, are her feet flat on the surface most of the time? If no, explain:  YES  NO

4. Do you have concerns that your baby is too quiet or does not make sounds like other babies? If yes, explain:  YES  NO

5. Does either parent have a family history of childhood deafness or hearing problems? If yes, explain:  YES  NO

**OVERALL** (continued)

6. Do you have concerns about your baby's eyesight? If yes, explain:

 YES NO

7. Has your baby had any medical or health-related problems in the last few months?  
If yes, explain:

 YES NO

8. Do you have any concerns about your baby's behaviour? If yes, explain:

 YES NO

9. Does anything about your baby worry you? If yes, explain:

 YES NO