

# Are you Pregnant or Breastfeeding?

Please contact your local Health Visiting Team if you need support

Health Visitors provide support with the health and development of all children in Birmingham during key milestones in your child's early years.

There may be certain points in your child's life when you need additional support provided through your health visiting team, about:

Breastfeeding



Relationships



Behaviour



Post-natal depression

Safe & Responsive Bottle Feeding

Speech

Sleep



Weaning onto Solid Foods

Toilet Training



School Readiness



Find your local Health Visiting Team here:  
<https://www.bhamforwardsteps.co.uk/>

Or scan the QR code:

