'My observations at hypermobility events locally and nationally have led to me lead a project across Yorkshire and the Humber on the health and social care experiences of adults with hypermobility syndromes...'

regarding their experiences of health and social care services

By doing this we intend:

- To develop an understanding of health and social care experiences of adults with hypermobility syndromes in Yorkshire and the Humber
- To report on the health and social care experiences of adults with hypermobility syndromes, sharing our understanding with commissioners and service providers so that they have a clearer picture of health care experiences for this group of people
- To interact with commissioners and service providers to work towards addressing the service issues identified
- To share the information with Healthwatch England, along with appropriate existing secondary data on the health and social care experiences of people with hypermobility syndromes

At this stage, we do not know exactly what the impact of our project will be. We are keen however to ensure the collective voices of adults with hypermobility syndromes are heard with regard to their health and social care experiences.

Our work so far

To date, we have held focus groups in York, Leeds and Sheffield to establish the main issues that people with hypermobility syndromes face with regard to their health and social care. These themes are currently being used to formulate the next step of our

project, which is a survey.

We need your help

This summer between July and September 2018. we will be asking adults with hypermobility syndromes across Yorkshire and the Humber to help us by providing more detailed information via a survey about their health and social care experiences. The survey will

be available online over this three-month period.

Feedback can also be given via telephone if filling in an online survey is difficult for you. Access to the survey from July 2018 onwards will be via links which will be posted via HMSA, EDS UK as well as on the following Healthwatch websites:

Healthwatch Calderdale Healthwatch Barnsley Healthwatch Bradford Healthwatch Doncaster Healthwatch East Riding of Yorkshire

Yorkshire
Healthwatch Kingston upon Hull
Healthwatch Kirklees
Healthwatch Leeds
Healthwatch North Lincolnshire
Healthwatch North East
Lincolnshire
Healthwatch North Yorkshire
Healthwatch Rotherham

Healthwatch Sheffield Healthwatch Wakefield Healthwatch York



More specific details as to how to access the survey will be provided in the HMSA e-news next month. All the information collected from the survey about you for this project will be kept strictly confidential. What you say will be reported anonymously with identifying personal data removed to ensure your confidentiality. If you have any questions about the project, please contact Karen Huntley via email

at:karen.huntley@healthwatchc alderdale.co.uk

The views and opinions of any authors expressed in 'Have Your Say' articles, do not necessarily state or reflect those of the HMSA or its Medical Advisors.