

Sussex Partnership NHS Foundation Trust, Carers Support Organisations and Healthwatch in Sussex Collaboration - supporting relatives and carers of residents in care settings. January - March 2021

Please [click here](#) to book on the next webinar on 24<sup>th</sup> February as outlined below

Familiarisation Session - 2:45 -2:55pm

For any attendees who would like a short narration of the platform functions

Programme - Part 1 -3:00 - 3:45pm

[‘Care Homes must be helped to re-open to meaningful visits by March?’](#)

The Impact on Relatives and Carers from long term separation and restricted visiting in care homes

**Welcome everyone**

Protocols for participating in the online webinar

**Setting the scene for today’s Webinar - visiting going forward; the emotional impact**

Dr Padmaprabha Dalby, Clinical Psychologist, Sussex Partnership NHS Foundation Trust  
(10 minutes)

**What the Current Guidance is? - Public Health Colleagues (10) minutes)**

*‘Where we are now in East Sussex and Brighton and Hove’*

**Acknowledging the Impact of separation - Deborah Becker (10 minutes)**

**Over to you...How is it for family carers...your views and questions (15 minutes)**

Joining the webinar will be a range of health and care professionals to respond to any questions and provide the most current information on the progress so far including:

Dr Padma Dalby, Consultant Clinical Psychologist (SPFT)

Public Health colleagues (TBC)

Jo Egan, Care for the Carers

Dame Phillipa Russell, Carer and Vice Chair Carers UK

**Wrapping up - next steps.** keeping the listening going - Next Webinar Evaluation and feedback

**End of Part 1 - 3.45 pm**  
(NHS/Social Care and Public Health attendees will be asked to leave the room/meeting)

**Programme - Part 2 - 3:45 - 4:30 pm**  
(Family Carers, Carers Support and Dr Padma and team, along with Healthwatch)

*The absence of meaningful indoor visiting fails to recognise the fundamental role that relationships and love play in a resident's (and family's) wellbeing*

Relatives and carers are invited to this closed session to reflect on discussions from Part 1 and hear as many carers views as possible.

Facilitating conversations will be Dr Padma Dalby and Deborah Becker from the Care Home Well-being Project team

#### **Outline for the session**

##### **Ground Rules**

**A Support Space, including peer support, support from Carers Organisations and time to understand the issues to take forward.**

We invite you to pre-submit questions to the webinar panel for addressing during the event. These can be emailed to [elizabeth.mackie@healthwatchwestsussex.co.uk](mailto:elizabeth.mackie@healthwatchwestsussex.co.uk)