

# Better health and care for all

**Developing our health and care system**

# Meeting the needs of local people

## Emma

- 42 years old and lives in Sussex with her three children and husband.
- She needs to know how they can stay well and, when they do have a health issue, how to get the most appropriate care and support as soon as possible.

## Anne

- 88 years old and lives alone in a rural part of Sussex
- She has a complex long-term condition and needs the support and care of a range of services from a number of different organisations
- She needs them to work together to provide joined-up care close to where she lives.

## Eddie

- 50 years old and has several long-term health conditions and mental health issues.
- He is unemployed, lives in poor housing and is drinking more alcohol than before.
- He needs additional help to know how he can get the advice and support he needs.

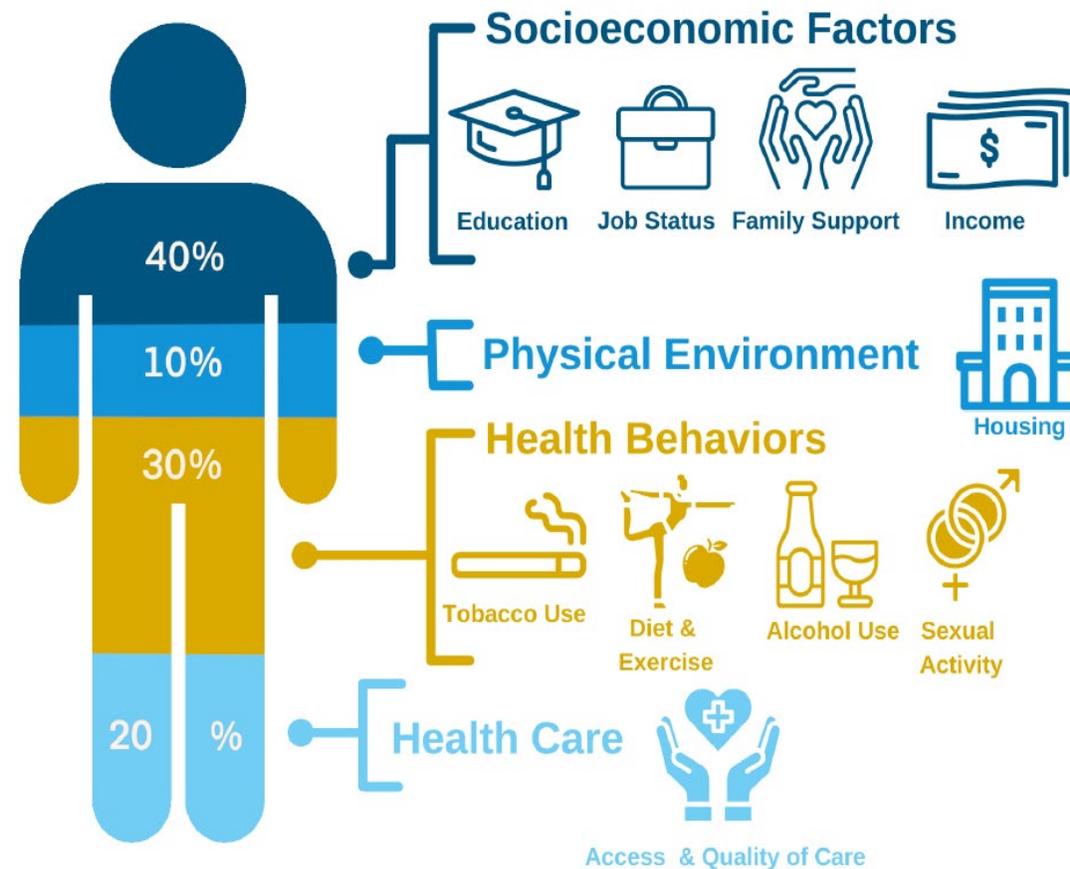
**We know Emma, Anne and Eddie and many other people living across Sussex are not always getting what they need.**

# Why we need to change

- **Growing and ageing population**
- **The most deprived people have worst outcomes**
- **Disjointed experience and care**
- **Impact of the pandemic**
- **Limited resources**

# Why we need to change

- Many factors influence someone's health and wellbeing and these are the responsibility of many different health and care organisations.



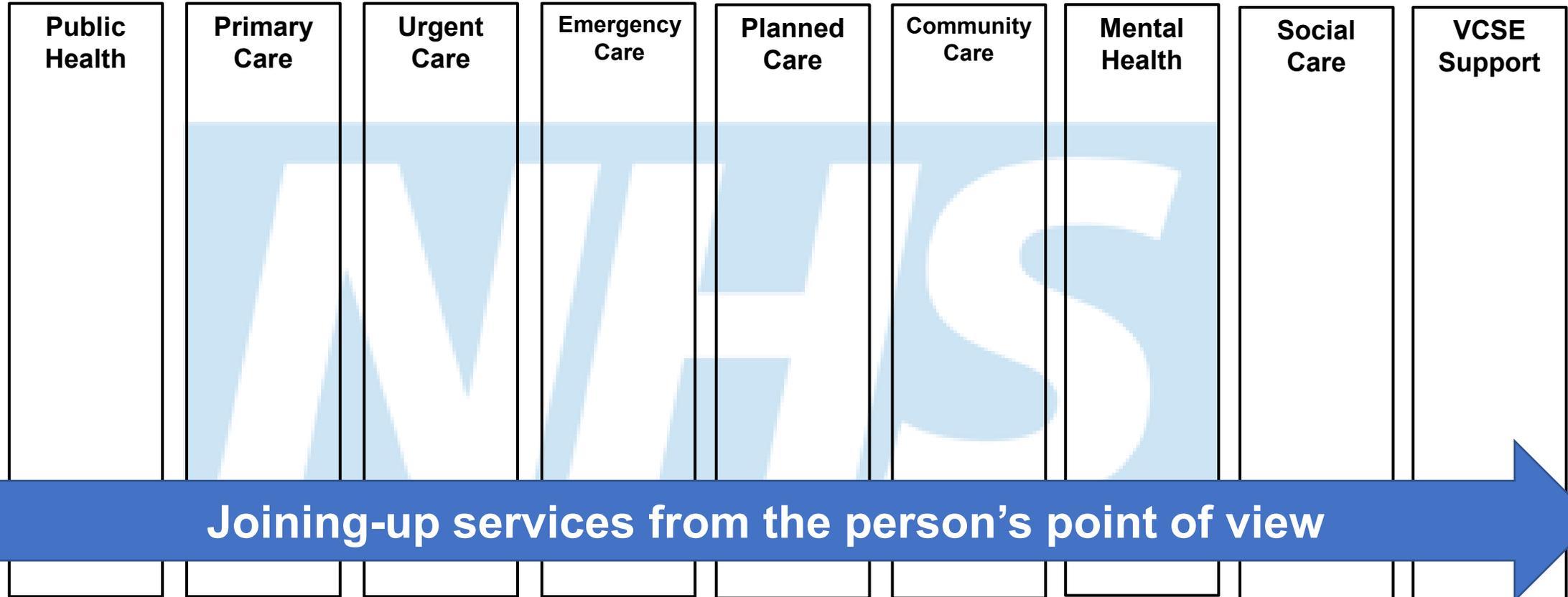
# How we are changing for you

- **We are developing our health and care system to allow organisations to work better together to improve the health and care for our population:**
  - **All NHS organisations in Sussex**
  - **2 County Councils and 1 City Council in Sussex**
  - **Voluntary, Community and Social Enterprise organisations in Sussex**
  - **3 Universities and 1 Medical School in Sussex**
  - **3 Healthwatch organisations in Sussex**
  - **Involvement of interested stakeholders and members of the public**

# How we are working differently for you

- **New way of working across Sussex for organisations**
  - A wide range of organisations with an interest in health and care will come together regularly as the '**Health and Care Assembly**' to make sure the needs of Sussex people are being met.
- **New way of working for the local NHS**
  - We are creating a new organisation called '**NHS Sussex**' that will help improve the way the NHS plan and pay for local services, and better support local NHS organisations to give people the care they need.
- **New way of working for local populations**
  - We are creating '**health and care partnerships**' of organisations across our local authority areas that will work closer together to better support communities to stay healthy and get the most appropriate support, care and treatment they need.

# What this looks like in practice



# What this means for local people

By working in a more joined-up way, we will:

- Enable everyone to access the care they need when they need it ... ***waiting less***
- Focus on improving the health of our children and young people ... ***starting well***
- Better support those with long-term conditions and multiple needs ... ***living well***
- Help people to stay well and independent for as long as possible ... ***ageing well***