

Name of Local Healthwatch	Phone Number & Opening Times	Email	Website
Healthwatch North Tyneside	0191 263 5321 10am – 3pm, Monday – Friday	info@hwnt.co.uk	healthwatchnorthtyneside.co.uk
Healthwatch Northumberland	03332 408468 9am – 5pm, Monday – Friday	info@healthwatchnorthumberland.co.uk	healthwatchnorthumberland.co.uk
Healthwatch Newcastle	0808 178 9282 9am – 4pm, Tuesday to Thursday	info@healthwatchnewcastle.co.uk	healthwatchnewcastle.org.uk
Healthwatch Gateshead	0800 038 5116 9am – 4pm, Tuesday to Thursday	info@healthwatchgateshead.co.uk	Healthwatchgateshead.co.uk
Healthwatch South Tyneside	0191 4897952 9am – 4pm, Monday to Friday	info@healthwatchsouthtyneside.co.uk	Healthwatchsouthtyneside.co.uk
Healthwatch Sunderland	0191 514 7145 9am – 4pm, Monday to Friday	Healthwatchsunderland@pcp.uk.net	Healthwatchsunderland.com
Healthwatch County Durham	0800 3047039 9am – 5pm, Mon to Thurs and 9am – 4:30pm on Fri	Healthwatchcountydurham@pcp.uk.net	Healthwatchcountydurham.co.uk
Healthwatch Darlington	01325 380145 or 07525 237723, 9am – 4pm, Monday to Friday	info@healthwatchdarlington.co.uk	Healthwatchdarlington.co.uk
Healthwatch Hartlepool	0800 254 5552 9am – 5pm, Monday to Thursday	yoursay@healthwatchhartlepool.co.uk	Healthwatchhartlepool.co.uk
Healthwatch Stockton-on-Tees	01642 688312 or 0808 172 9559, 9am – 5pm Mon to Thurs and 9am – 4pm on Fri	healthwatchstockton@pcp.uk.net	Healthwatchstocktonontees.co.uk
Healthwatch Middlesbrough	0800 118 1691 9am – 5pm, Monday to Friday	healthwatchsouthtees@pcp.uk.net	Healthwatchmiddlesbrough.co.uk
Healthwatch Redcar and Cleveland	0800 118 1691 9am – 5pm, Monday to Friday	healthwatchsouthtees@pcp.uk.net	Healthwatchredcarandcleveland.co.uk
Healthwatch Cumberland	0300 303 8567 9am – 5pm, Monday to Friday	info@healthwatchcumberland.co.uk	Healthwatchcumberland.co.uk
Healthwatch Westmorland and Furness	0300 373 2820 9am – 5pm, Monday to Friday	info@healthwatchwest furn.co.uk	healthwatchwestfurn.co.uk